A PERSONALIZED GUIDE

Treatment in Charleston

An honest look toward your next chapter

HOPE ADDICTION MEDICINE

hopeaddictionmedicine.com

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Chapter One

Right here in Charleston

Our office sits in West Ashley, part of the City of Charleston, so city residents can get treatment close to home.

Chapter Two

Measure one drink

One standard drink is 12 ounces of beer, 5 ounces of wine or 1.5 ounces of liquor.

Chapter Three

Know heavy drinking

Heavy drinking is 4 or more drinks a day for women and 5 or more for men, or more than a weekly limit.

Chapter Four

Do not stop alone

You do not have to quit before your first visit. After heavy daily drinking, talk with a provider before you stop.

Chapter Five

Screens are a start

A short questionnaire tells you whether to talk further. A qualified clinician makes any diagnosis.

Epilogue

Honest numbers, real help.

Counting drinks can be eye-opening. A first visit is a conversation about what you want, with a plan you choose together.

Ready to write your next chapter?

Request a visit at our West Ashley office.

BOOK A VISIT

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