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BLOG

Leaf or Concentrate? What to Tell Your Provider

Questions to Bring to Your Visit

- Which products do I use?
- How much, and how often?
- Any 7-OH tablets, shots or gummies?

What SC Act 35 Says

- Bans sales to anyone under 21
- Bans fully synthetic 7-OH; labels list 7-OH
- Sets no percentage cap on 7-OH

Red Flags and Safety

- Mixing with alcohol or sedatives
- Bad reaction? Poison Help Line
- Not waking or slow breathing? Call 911

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Read the full article

Kratom vs 7-OH: Why Concentrated Products Are Different

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General information, not medical advice. Your provider can tell you what is right for you. If someone may be overdosing, call 911 and give naloxone if you have it.