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BLOG

Thinking About Stopping Kratom? Start Here

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Before You Stop, Ask Yourself

- Do I use kratom every day?
- Do I use concentrated 7-OH?
- Have I tried to stop and couldn't?

Other Risks to Know

- Liver problems with heavy long-term use
- Rare confusion, tremors or seizures
- Danger when mixed with alcohol or sedatives

Your Safer Path

- Talk with a medical provider first
- Make a plan for the process
- Avoid switching to something riskier

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Read the full article

Kratom Withdrawal: What to Expect and How Treatment Helps

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General information, not medical advice. Your provider can tell you what is right for you. If someone may be overdosing, call 911 and give naloxone if you have it.