A PERSONALIZED GUIDE

Why ADHD Testing Is More Than a Checklist

Real answers for your next chapter

HOPE BEHAVIORAL MEDICINE

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Chapter One

Checklists overlap

A checklist cannot tell ADHD apart from anxiety, depression, sleep problems or stress.

Chapter Two

What rating scales show

Rating scales show which symptoms you notice, not how your attention actually performs.

Chapter Three

Our testing rule

We require objective testing and a full evaluation for anyone without a formal ADHD evaluation before.

Chapter Four

Testing on your own time

A web-based assessment measures attention, activity and impulsivity on your own computer, between visits.

Chapter Five

One piece of the picture

Results support a diagnosis but are not enough alone, so your history and daily life are weighed too.

Epilogue

The right answer matters.

Getting the diagnosis right shapes everything that follows. Testing, your history and how you function now come together into one clear plan.

Ready to write your next chapter?

Visits by video across South Carolina or in West Ashley.

BOOK A VISIT

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