A PERSONALIZED GUIDE

Adult ADHD Care for James Island

Clear steps toward your next chapter

HOPE BEHAVIORAL MEDICINE

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Chapter One

Close to home

James Island adults can be seen by secure video, or at our West Ashley office just across the Connector.

Chapter Two

Work and home

Adult ADHD makes it hard to function in at least two areas of life, such as home and work. Notice where focus slips for you.

Chapter Three

A careful first visit

Your provider reviews your symptoms, your history back to childhood and conditions that can look like ADHD.

Chapter Four

Testing when needed

If you have never had a formal evaluation, testing comes before treatment. It is self-pay and done on your own computer.

Chapter Five

Your plan, together

Your plan is decided jointly with you and can include counseling on time management and organization.

Epilogue

Answers can start this week.

Wondering about attention for years is tiring. A careful evaluation by video gives you real answers and a plan that fits your work and home life.

Ready to write your next chapter?

Start an ADHD evaluation by video from James Island.

BOOK A VISIT

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