A PERSONALIZED GUIDE

Adult ADHD Care for Johns Island

Rest and focus for your next chapter

HOPE BEHAVIORAL MEDICINE

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Chapter One

Skip the long drive

Johns Island adults can be seen by secure video, so a rural drive does not have to come first.

Chapter Two

Sleep and focus

Poor sleep can blur focus on its own, so your provider asks how you sleep as part of the evaluation.

Chapter Three

A careful first visit

Your provider reviews your symptoms, your history back to childhood and conditions that can look like ADHD.

Chapter Four

Testing from home

If you have never had a formal evaluation, testing comes before treatment. It is self-pay and done on your own computer.

Chapter Five

Follow-up from home

Your plan can include counseling for day-to-day organization and follow-up visits by video.

Epilogue

Answers without the trip.

Feeling tired and unfocused can have more than one cause. A careful evaluation by video helps sort out sleep, attention and mood so your plan fits.

Ready to write your next chapter?

Start an ADHD evaluation by video from Johns Island.

BOOK A VISIT

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