A PERSONALIZED GUIDE

Depression Care for Moncks Corner

Brighter days in your next chapter

HOPE BEHAVIORAL MEDICINE

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Chapter One

Care close to home

Moncks Corner adults can be seen by secure video, with in-person visits at our West Ashley office.

Chapter Two

Two weeks or more

Depression means symptoms most of the day, nearly every day, for at least two weeks.

Chapter Three

A careful first visit

Your provider uses questionnaires such as the PHQ-9 and looks for medical causes such as thyroid problems.

Chapter Four

Steps that help

Therapy, medication when indicated or both can help. Even a daily walk of half an hour can lift your mood.

Chapter Five

Help at any hour

If you are having thoughts of harming yourself, call or text the Suicide and Crisis Lifeline at 988 right away.

Epilogue

Support for low mood that lingers.

Low mood that lingers is not something you have to push through alone. A first visit by video is a practical place to start.

Ready to write your next chapter?

Start depression care by video from Moncks Corner.

BOOK A VISIT

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