FOR ADULTS WITH ADHD QUESTIONS

Focus, Explained at Home

An ADHD evaluation for your next chapter

HOPE BEHAVIORAL MEDICINE

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Chapter One

Notice the pattern

Lost time, scattered focus and restlessness that go back to childhood are worth a careful look.

Chapter Two

Start on video

Your first visit runs about 45 to 60 minutes by secure link, with nothing to download.

Chapter Three

Test between visits

If your provider recommends testing, you do it on your own computer, on your own time.

Chapter Four

Read the results together

A follow-up visit puts the results next to your history and rating scales.

Chapter Five

Build the plan

Counseling for organization and planning skills can be part of it, and every choice is made with you.

Epilogue

Answers can start at home.

An adult ADHD evaluation is a careful conversation, and it works well on a screen. Starting it gives you a clearer picture of what is behind the focus trouble.

Ready for an ADHD evaluation?

See our team by secure video from home, anywhere in South Carolina.

BOOK A VISIT

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