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BLOG

3 Questions to Ask About Heartburn and GERD

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Is My Heartburn GERD?

- Ask whether your symptoms point to GERD
- Mention any cough, hoarseness or chest pain

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Could My Medicines Be Making It Worse?

- Bring a list of everything you take
- Never stop a prescription on your own

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Which Treatment Should I Try First?

- Ask which habits to change first
- Ask about antacids, H2 blockers or PPIs
- Ask whether you need any tests

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Read the full article

Heartburn and GERD: Symptoms, When to Get Checked and What Helps

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(843) 737-0312

General information, not medical advice. Chest pain can come from the heart. If you think you may be having a heart attack, call 911.